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Lesson Element	Details
Game Name	Elimination Dodgeball: The Ultimate Challenge
Recommended Age	Year 5 - Year 12
Focus	Endurance, agility, throwing accuracy, dodging, individual tactics
Equipment	- Dodgeballs (soft, foam or rubber)- Cones to mark boundaries
Setting Up	- Use cones to mark a large circular or square playing area.- Place dodgeballs evenly along the centre line of the area.
Game Description	- All players start at the edges of the playing area.- On the signal, players rush to grab dodgeballs and begin playing.- Players aim to hit opponents with the balls below the shoulders.- If a player is hit, they are immediately eliminated from the game.- The game continues until only one player remains.
Rules	1. Players must stay within the playing area boundaries.2. Hits are only valid below the shoulders.3. Players hit by a dodgeball are eliminated immediately.4. No headshots allowed; players aiming above the shoulders are warned or removed from the game.5. The last player standing is the winner.
Further Opportunities	- Encourage players to develop individual survival strategies.- Focus on enhancing agility and quick reflexes.- Incorporate a discussion on sportsmanship and fair play.
Differentiation	Easier: - Use softer balls or decrease the size of the playing area. Harder: - Increase the number of balls in play.- Introduce obstacles within the playing area for added complexity.
Variations	- Team Elimination: Divide players into small teams; last team standing wins.- Safe Zones: Create temporary safe zones where players are immune from being hit.- Power-Ups: Introduce special balls with different effects, like bringing a player back in.
Safety Considerations	- Ensure all students understand and adhere to the rule of not aiming above the shoulders.- Use appropriate, soft dodgeballs to minimize the risk of injury.- Monitor the game closely to ensure a safe and respectful environment.

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