Bolognese Sauce

Ingredients

- tbsp oil
- 1 garlic clove
- 1 onion
- 2 carrots
- 2 celery sticks
- 1 tsp herbs
- 300g mince
- (or QUORN mince)
- 1 stock cube
- 1 can passata
- (or 2 cans of
- chopped tomatoes)

Directions

- Chop all the vegetables and cook in a pan with a tbsp of oil
 Add passata, the stock cube and dried herbs.
- Once the vegetables are cooked add the mince
 Cook the mince until it
- becomes brown.
- 5. Simmer

6. Serve with your favourite pasta, add optional oil and cheese on top.

